

# Central Safety Group Meeting

May 2019



## Preventing mental injury at work

Book Now

**What:** Preventing mental injury at work

**Who:** Claire Nivarovich, Director Mental Health Programs, WorkSafe Victoria

**Details:** Work-related mental injury is the second most common cause of workers' compensation claims in Australia, and accounts for around 13% of workers' compensation claims in Victoria. What can employers do to prevent mental injury in their workplace? Where can they best direct their efforts?

Claire Nivarovich, Director Mental Health Programs, WorkSafe Victoria, will speak about this topic in a lunchtime presentation on 14 May.

She will outline common causes of mental injury at work, as well as employers' obligations under Victorian legislation to manage and control the risk.

Information will be given on WorkSafe programs supporting prevention of mental injury and promotion of mental health and wellbeing at work. This includes the WorkWell Toolkit, launched last year for small and medium businesses, with a version for larger organisations launched in early April 2019.

<https://www.workwell.vic.gov.au/toolkit>

[Meeting Details](#)

## When & Where

**When:** 12 noon-1pm, Tuesday, 14 May 2019

**Where:** Xchanging, Level 10, 390 La Trobe Street, Melbourne (near Queen Street)

## Bookings

**Cost:** Attendance: members free, non-members \$10  
Lunch (optional): sandwich and juice lunch \$15  
[Individual membership fee for 2019: \$70]

**Please book** and indicate whether you are having lunch:

Book online at [centralsafetygroup.com](http://centralsafetygroup.com)

or contact CSG Secretary Jane Loudon on T: (03) 9387 9768 Mobile 0417 040 252

or email: [secretary@centralsafetygroup.com](mailto:secretary@centralsafetygroup.com)

*(NOTE: To cover catering costs, the full fee will be charged for those who advised they would be having lunch but did not attend).*

RSVP

**By close of business Friday, 10 May 2019**

