

Central Safety Group Inc. Monthly Event

November 2021



Psychosocial Risk of RTW

Book Now

What: Return to work in COVID times: managing psychosocial risk

Who: Dr Natasha Lazareski, Managing Director, PsyFlex

Details: The COVID-19 pandemic has had a drastic impact on workplace conditions and work arrangements with new psychosocial risks that can affect the health and wellbeing of workers. Occupational health expert Dr Natasha Lazareski will discuss this issue, along with strategies to manage it.

She says that, if not appropriately assessed and managed, psychosocial risks increase stress levels and can lead to physical and mental health problems. Psychological responses may include low mood, low motivation, exhaustion, anxiety, depression and burnout. Insurers are reporting that active psychological claims against employers have risen during the pandemic and are expected to continue to increase.

Natasha says workplace stresses and psychosocial risks are arising as people return and readjust to their previous workplace settings and systems, across a wide range of occupations.

Natasha will also discuss the impact of confusing and misleading information surrounding the COVID-19 crisis and how to manage this risk in your workplace.

[Event Details](#)

When & How

When: 12 noon-1pm, Tuesday, 9 November 2021

How: Online via Zoom.

N.B. A video recording of the session will be available on the website exclusively for financial members.

Bookings

Financial Members: Free

Non-members: Cost \$10

**If unsure of your membership status, contact membership@centralsafetygroup.com*

Book online at centralsafetygroup.com

[Individual membership fee for 2021: \$75]



RSVP

By close of business Monday, 8 November 2021