

Central Safety Group Inc. Monthly Event

March 2026



MSD risks – a new approach

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What: MSD risks – a new approach

Who: Professor Jodi Oakman, Head of the Centre for Ergonomics and Human Factors, La Trobe University

Details: Musculoskeletal disorders (MSDs) account for more than 50% of workplace injuries and diseases, and are among the most expensive and prolonged work-related compensation claims. A pioneering approach to reducing MSDs and stress-related mental health has been developed by Professor Jodi Oakman and colleagues at La Trobe University.

Join us for an interactive Zoom session with Professor Oakman on 10 March exploring the APHIRM Toolkit. APHIRM stands for A Participative Hazard Identification and Risk Management and the free online toolkit guides workplaces through the process of identifying, assessing and controlling physical and psychosocial hazards (www.aphirm.org.au).

An evidence-based system, it addresses risks from both types of hazards that, Jodi says, offers a comprehensive approach for managing workplace MSDs. Significantly, it also involves the participation of workers.

The presentation will be followed by questions and a discussion session.

[Event Details](#)

When & Where

When: 12 noon-1pm, Tuesday, 10 March 2026

How: Online via Zoom only.

N.B. A video recording of the session will be available on the website exclusively for financial members.

Bookings



Financial Members: Free

Non-members: Cost \$15

**If unsure of your membership status, contact membership@centsafgroup.com*

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[Individual membership fee for 2026: \$85]

RSVP

By close of business Monday, 9 March 2026